

Consumer Health Data Privacy Policy

Effective Date: September 10, 2026

Introduction

This Consumer Health Data Privacy Policy applies to StoneCart Enterprises LLC dba Whetstone Fitness ("Whetstone Fitness," "we," "us," or "our") and describes how we collect, use, maintain, and protect consumer health data.

This policy is separate from our general Privacy Policy and applies to consumer health data collected in connection with Whetstone Fitness membership and fitness services.

1. Consumer Health Data We Collect

Whetstone Fitness may collect the following categories of consumer health data directly from members:

- Health and medical history
- Current medications
- Medical conditions and diagnoses disclosed by the member
- Physical limitations and difficulty with physical activity
- Information concerning whether a physician has advised the member not to exercise
- Heart, lung, blood pressure, diabetes, hypoglycemia, osteoporosis, and other health-related information
- Muscle, joint, and back conditions
- Recent surgery
- Physical activity history
- Exercise and fitness goals
- Weight
- Body fat percentage
- Lean body mass
- Fat mass
- Body measurements and size information

This information may be collected through health history, fitness assessment, weighing, body composition, and related fitness forms.

2. How We Collect Consumer Health Data

We collect consumer health data directly from the member when the member voluntarily provides the information in connection with membership, fitness activities, health history, fitness assessment, weighing, body composition, or related services.

The health and fitness information described above is maintained in physical paper records at Whetstone Fitness. This information is not routinely entered into our Gym Insight membership management system.

3. How We Use Consumer Health Data

Whetstone Fitness uses consumer health data for purposes related to providing and administering fitness services, including:

- Understanding information voluntarily provided by a member concerning participation in exercise and fitness activities;
- Helping members participate safely in exercise and fitness programs;
- Maintaining health and fitness records;
- Tracking weight and body composition when those services are provided;
- Supporting fitness assessments and exercise goals; and
- Providing the fitness services requested by the member.

We do not use consumer health data for purposes unrelated to the fitness services for which the information was provided.

4. Sharing of Consumer Health Data

Whetstone Fitness does not sell or share consumer health data with third parties.

We do not provide the health information contained in our paper health and fitness records to insurance companies, physicians, Medicare or Medicaid programs, fitness program providers, or other outside organizations.

We also do not routinely enter this health information into Gym Insight.

Because Whetstone Fitness does not share this consumer health data with third parties, there are currently no categories of third parties with whom Whetstone Fitness shares consumer health data.

5. Storage and Protection of Consumer Health Data

Consumer health and fitness records are maintained as physical paper records at Whetstone Fitness in a staff-only area.

Access to these records is limited to Whetstone Fitness personnel who need access for legitimate business purposes related to providing or administering fitness services.

Whetstone Fitness maintains reasonable administrative and physical safeguards appropriate to the nature of the consumer health data we maintain.

6. Retention and Destruction

Whetstone Fitness retains health and fitness records as needed for legitimate business purposes.

When records are no longer needed and a member requests that applicable records be destroyed, paper records are securely shredded.

7. Consumer Rights

Subject to applicable law, consumers have rights concerning their consumer health data, including the right to:

- Confirm whether Whetstone Fitness is collecting, sharing, or selling consumer health data concerning them;
- Access their consumer health data;

- Obtain information concerning third parties with whom their consumer health data has been shared or sold, if applicable;
- Withdraw consent for future collection or sharing of consumer health data;
- Request deletion of their consumer health data; and
- Appeal a refusal to take action on a consumer health data request.

8. How to Exercise Your Rights

To make a request concerning your consumer health data, contact Whetstone Fitness:

StoneCart Enterprises LLC dba Whetstone Fitness

1212 Black Lake Blvd SW

Olympia, Washington 98502

Email: info@whetstonefit.com

Phone: 360-956-3400

We may take reasonable steps to verify your identity before fulfilling a request concerning your personal or consumer health data.

9. Changes to This Policy

Whetstone Fitness may update this Consumer Health Data Privacy Policy when our practices, services, or applicable laws change.

If we make material changes, we will update the effective date and publish the revised policy on our website.

10. Contact Us

If you have questions about this Consumer Health Data Privacy Policy or Whetstone Fitness's handling of consumer health data, please contact us using the information above.

Effective as of September 10, 2026